25% of people with diabetes will develop a DFU during their lifetime\(^{(1)}\)

Roughly 60% of DFU are infected on presentation\(^{(2)}\)

20% of diabetic patients with DFU are concerned by amputation\(^{(3)}\)

85% amputations can be avoided with holistic care plan\(^{(4)}\)

5. Wagner, FW. Foot Ankle, 2: 64–122, 1981
FOOT COMPLICATIONS

RECOMMENDATIONS (6, 7, 8)

STOP SMOKING

PODIATRIC CARE

DEFORMITIES EXAM

TRAUMATOLOGY EXAM

COMFORT SHOES

DIABETIC FOOT ULCER GRADE CLASSIFICATION SYSTEM (4, 5, 6, 7,8)

GRADE 0
No open lesion; may have severely deformed foot

GRADE 1
Care: Superficial ulcer involving the full skin thickness but not underlying tissues

GRADE 2
Care: Deep ulcer, penetrating down to ligaments and muscle but no bone

GRADE 3
Care: Deep ulcer with cellulitis or abscess formation, often with osteomyelitis

GRADE 4
Care: Localised gangrene

GRADE 5
Care: Extensive gangrene involving the whole foot
Daily hygiene and hydration
Correct or eliminate any underlying causes of DFU:
- Non compliant with diet discipline
- Achieve optimal diabetic control including glycaemic control, management of high blood pressure, hyperlipidaemia
- Address physical traumas due to inadequate foot wear

Linovera® is indicated in the care of fragile and sensitive skin by increasing skin resistance and protecting it in the risk areas.

Askina® Heel is a non adhesive hydrocellular heel dressing. Askina® Heel protects the heel area from shear stresses and reduces pressure from external forces.

Askina® DresSil Border Lite is a foam dressing with silicone adhesive and additional adhesive border. Askina® DresSil Border Lite is indicated for use on non to low exuding chronic and acute wounds.

Askina® DresSil Border 6x6 is specifically designed for diabetic foot ulcer - Shaped island foam - Suitable for small, deep wounds (diabetic foot ulcers) - May be combined with Askina® DresSil Heel

Askina® DresSil and Askina® DresSil Border are highly absorbent polyurethane foams with perforated silicone wound contact layers. They help to maintain a moist wound environment conducive to natural healing conditions.

Prontosan® Wound Irrigation Solution is indicated for cleansing irrigation and moistening of superficial acute and superficial chronic wounds. Prevents:
- Wound infection
- Biofilm formation
- MDRO contamination
It moisten wound dressings and dissolves encrusted bandages or wound dressings during dressing changes.

Prontosan® Gel X proper wound cleansing is essential. The use of Prontosan® Wound Gel X provides long-lasting cleansing and decontamination of the wound bed between dressing changes.

Prontosan® Debridement Pad has been designed to support the Wound Bed Preparation with Prontosan® Wound Irrigation Solution.

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**Also available:**
- Prevention and Treatment of Wound Infection brochure
- Skin Care brochure
- Exudate Management

**NEW PRODUCT:**
- Askina® DresSil Lite
- Askina® DresSil Border Lite
- Askina® DresSil Border