

# PREVENTION OF PRESSURE ULCERS

## PRESSURE ULCER PREVENTION

**Linovera®** promotes skin integrity using hyperoxygenated fatty acids.



## ABOUT PRESSURE ULCERS

A pressure ulcer is a localized injury of the skin and/or underlying tissue usually over a bony prominence, caused by pressure, or combination of pressure and shear.



**1 to 4 out of 10** hospitalized patients have pressure ulcers<sup>(1)</sup>



**50 %** of pressure ulcers are preventable, depending on population and ulcer grade<sup>(2)</sup>

## HOW TO PREVENT PRESSURE ULCERS<sup>(3)</sup>?



Healthy body weight & Nutrition



Quit Smoking



Hydration and moisture



Skin inspection



Ease pressure and prevent friction



Spread awareness

## AREAS AT RISK



## WHO IS AT RISK OF PRESSURE ULCERATION?



Reduced mobility/activity



History of pressure ulceration



Impaired circulation due to diabetes, vascular problems, oedema

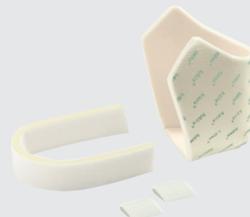


Increased skin humidity (eg due to incontinence, perspiration)



Poor nutritional status

## B. BRAUN SOLUTIONS



**Askina® Heel**  
Hydrophilic foam dressings  
Anatomically shaped hydrocellular heel dressing



**Linovera®**  
Solution of hyperoxygenated fatty acids  
In a prospective study, none of the high risk patients preventively treated with Linovera® developed pressure injuries.<sup>(4)</sup>



**Askina® DresSil® Sacrum**  
Foam dressings with silicone adhesive



**Askina® Barrier Cream**  
Protectant and moisture barrier

1. Range varies among settings and classification method. <https://www.bbraun.com/en/products-and-therapies/wound-management/prevention-of-pressure-ulcers.html>  
2. Downie, F. Et Sandoz, Heidi Et Gilroy, P. Et Royall, Dawn Et Davies, S.. (2013). Are 95 % of hospital-acquired pressure ulcers avoidable?. Wounds UK. 9. 16-22.  
3. <http://www.internationalguideline.com/static/pdfs/NPUAP-EPUAP-PPPIA-PUQuickReferenceGuide-2016update.pdf>  
4. López-Pérez, R. Gutiérrez Ibáñez, B. Incidence of pressure ulcers (bed sores) in patients on treatment with hyperoxygenated fatty acids. (Asturias, Spain). Unpublished.

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